



**F.F.A.
L.R.A.A.
Comité du Ht Rhin d'Athlétisme
EHA/A Cernay E**



**Critérium départemental du Haut Rhin "PO"
Championnats du Haut Rhin Triathlon "BE/MI"
Samedi 4 juillet 2015 - Stade de Cernay, rue René Guibert**

| Horaires | Courses | | Concours | | | | | | | | | | |
|----------|--------------------------------|----------------|----------|--------|---------|---------|---------|--------|--------|--------|----------|-----------|-----|
| | | | Poids | Disque | Javelot | Marteau | Hauteur | Long 1 | Long 2 | Perche | T.Saut 1 | T. Saut 2 | |
| 11H30 | Ouverture du secrétariat | | | | | | | | | | | | |
| 12H30 | | | BM | | PF* | BF/BM | PM | | | | | MF | MM |
| 13H00 | 200m haies | MF,MM | | | | | | | | | | PF/PM | |
| 13H10 | Marche 2 000m Marche 3 000m | BF/BM/MF MM | | | PM* | PF/PM* | | | | | | | |
| 13H25 | 100m haies | MM | | | | | MF | | | | | PF* | PM* |
| 13H30 | 80m haies | MF | MM | | | | | | | | | | |
| 13H35 | 50m haies | PF | | | | | | | | | | | |
| 13H40 | 50m haies | PM | | | | | | | | | | | |
| 13H45 | 50m haies | BM | | | MF | | | | | | | | |
| 13H50 | 50m haies | BF | | | | | | | | | | | |
| 14H00 | 50m | PF | | | | MF/MM | | | | | | BF/BM | |
| 14H10 | 50m | PM | | | | | | | | | | BF | BM |
| 14H20 | 50m | BF | | | | | PF | | | | | | |
| 14H30 | 50m | BM | MF | | | | | | | | | | |
| 14H40 | 50m | MF | | PF/PM* | BM | | | | | | | | |
| 14H50 | 50m | MM | | | | | | | | | | | |
| 15H00 | 100m | BM | | | | | BF | PF* | PM* | | | | |
| 15H10 | 100m | BF | | | | | | | | | | MF/MM | |
| 15H20 | 100m | MM | | | | | | | | | | | |
| 15H30 | 100m | MF | PM* | MF/MM | | | | | | | | | |
| 15H40 | 1 000m | PF | | | BF | | | | | | | | |
| 15H50 | 1 000m | PM | | | | | | | | | | | |
| 16H00 | 1 000m | BF | | | | | MM | BF | BM | | | | |
| 16H10 | 1 000m | BM | PF* | | | | | | | | | | |
| 16H20 | 1 000m | MF | | | | | | | | | | | |
| 16H30 | 1 000m | MM | | BF/BM | | | | | | | | | |
| 16H40 | 2 000m | MF | | | MM | | | | | | | | |
| 16H50 | 3 000m | MM | BF | | | | | | | | | | |
| 17H00 | | | | | | | BM | MF | MM | | | | |
| 17H05 | Relais 4X60 | PF | | | | | | | | | | | |
| 17H10 | Relais 4X60 | PM | | | | | | | | | | | |
| 18H00 | | | | | | | | | | | | | |

* 3 essais pour les PF/PM

Inscription :

Après du CDA68 : cda68@orange.fr

Pour le jeudi 2 juillet 12h00

Inscription tardives sur place :

3€ par épreuve

Confirmation 40 minutes avant la course ou le concours

Conseil Général



Haut-Rhin

